



# Just the Fax

A fax bulletin from Molina Healthcare of Washington – March 27, 2024

## Webinar Opportunity Cultural Humility & Collectivism vs Individualism April 18 and June 13 (Medicaid, Marketplace, Medicare)

Dear Provider Partners:

Molina Healthcare invites you to attend an informative webinar sponsored by the Washington State Department of Health.

**What is it?** Cultural Humility & Collectivism vs Individualism Webinar

**Who should attend?** Healthcare providers, clinical staff, community health workers, health advocates and educators, social workers, counselors, and all professions committed to supporting the needs of BIPOC communities.

**Why should I attend?** As an attendee, you will learn:

- The concept of Race-Based Traumatic Stress
- How to define Cultural Humility (and how it differs from Competence)
- How to **Practice Cultural Humility** with patients, their families, and staff
- How to identify and distinguish between cultural **Individualism** vs **Collectivism**
- How to explore opportunities to practice **principle of Collectivism**

**Presented By:** Makinie Fortino, LMFT

Makinie is a Licensed Marriage and Family Therapist (LMFT) who has been working in mental health for 10+ years.

Learn more about Makinie: <https://linktr.ee/MakinieTherapy>

**When:** April 18, 2024, from 12:00 PM to 1:30 PM & June 13, 2024, from 10:00 AM to 11:30 AM

**Note:** There are two sessions scheduled for this webinar. Content is the same for both sessions.

**Registration:** April 18: <https://bit.ly/3T7mK1w> , June 13: <https://bit.ly/43rR0sO>

**FREE CME Available!** (Up to 1.5 total hr AAFP credit; on approval; May qualify [for Health Equity Continuing Education](#) credit)

**Questions?** Contact [pch-hs@doh.wa.gov](mailto:pch-hs@doh.wa.gov)