Molina Healthcare Coding Education Sacroiliitis, unspecified



Question: Can sacroiliitis be diagnosed by exam alone, demonstrating pain near or around the SI joint?

Answer: No. Physical exam has not been shown to be specific for sacroiliitis.¹

Diagnose by X-ray. Which must show:2

- Grade 2 bilaterally or
- Grade 3 unilaterally

X-Ray Grading for Sacroiliitis:

- 0. Normal
- 1. Suspicious changes
- Minimal: small localized erosions or sclerosis, with no alteration of joint width
- Unequivocal: erosions, sclerosis, widening, narrowing, or partial ankylosis
- 4. Severe: total ankylosis

Documentation Examples:

- Assessment: LBP with XR showing Grade 2 bilat changes for sacroiliitis.
 - HCC/ICD-9 Code: 720.2 Sacroiliitis, unspecified
 - ➤ ICD-10 Code: M46.1 Sacroiliitis, not elsewhere classified

Plan: If pain persists, will change meds.

OR

- Assessment: Pt with chronic sacroilitis, NSAIDS not helping much.
 - HCC/ICD-9 Code: 720.2 Sacroiliitis, unspecified
 - ICD-10 Code: M46.1 Sacroiliitis, not elsewhere classified

Plan: Refer to rheumatologist to consider anti-TNF agent.

Have Questions?

Contact: Ramp@MolinaHealthcare.com

¹"Diagnosis and differential diagnosis of ankylosing spondylitis in adults" Yu, David, Aug 2013

²UpToDate: "Undifferentiated spondyloarthritis, including peripheral and non-radiographic axial spondyloarthritis, including peripheral and non-radiographic axial spondyloarthritis" Yu, David Lit review current through Aug 2013